



# Chair's report

Helen Taylor, Chair of the Trust Board



# Why we merged – what we said at the time



### Why we merged – what we said at the time

# Merging brings our experts and patients together



#### Save services

Consolidating our specialist staff into a single team supports us to meet national best practice.

This will mean you can be treated locally rather than travelling to London or Cambridge.



#### Strengthen services

With our clinicians working together in single teams across our hospitals, they will be better able to cover for colleagues.

This will help us see patients at the right time.



#### **Grow services**

We will cover a larger population, so our specialist will see more people with complex or rare conditions.

This means our staff can gain the skills they need to provide specialist services locally



# Why we merged – what we said at the time



See patients at the right time







### One year on...

We are making great progress with keeping our promises.



#### Let's look at staff:

We have the lowest nurse vacancy rate in the region.

Staff want to stay with us – our turnover is again one of the lowest in the region.



### One year on...

Our international nurses
 recruitment programme is
 successful, of the 254 nurses who
 have joined us in the past year,
 only 4 have left for other jobs.





 The new Iceni Fellowships for doctors (part clinical and part research and innovation) are really popular.

### And some more numbers



Patient contacts per year

1.4m+



Visits to our Emergency Departments

200,500+



Babies born

6,948



Number of beds

Inpatient 1,248 Community 64



Population we serve

Nearly 800,000



Number of staff

10,000+



**Foundation Trust members** 

21,828



Governors

33 including 6 staff governors



#### Time matters

- Our philosophy is that time matters and, as Nick outlined, it is at the heart of all we do.
- It's the golden thread of our ambitions set out in our five year strategy.



Virtual robots in Colchester Hospital's Cardio-Respiratory department.



Expansion of the successful NETs service at Colchester Hospital.



### Our strategy

TIME MATTERS

Our ambition is to offer the best care and experience

#### Our five strategic objectives

1. Keep people in control of their health



2. Lead the integration of care



3. Develop our centres of excellence

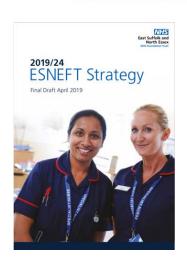


4. Support and develop our staff



5. Drive technology enabled care

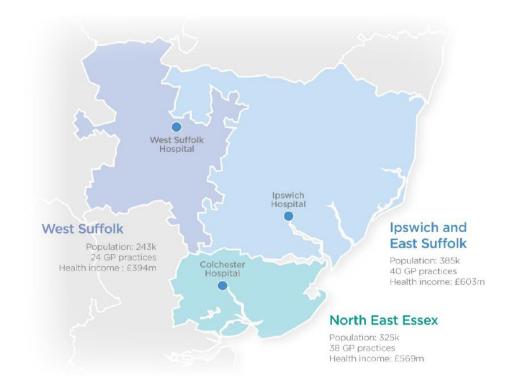






## Working together in a better way

 An important feature of the new Trust is that we work as part of a larger system – known as an integrated care system.





### Our integrated care system

#### Integrated care – in a nutshell

- → Teams working increasingly together across organisations and not restricted by corporate boundaries
- → Building strong local relationships
- Working as one big system
- → A better deal for patients



# External recognition for our work

 REACT – an integrated team of colleagues from several health, social care, voluntary and local authorities led by ESNEFT has just been shortlisted for a HSJ Award.



 Stroke Services were finalists in the BMJ Awards for the Drop-in Clinic at Ipswich, they are also finalists in the forthcoming Nursing Standard Awards.

### More achievements

 The work undertaken by the Transformation and Operations team with Red to Green weeks, and the trigger tool for escalation has long been recognised nationally. Now they are receiving international acclaim after colleagues were asked to give an international webinar outlining their work.





# The roll of honour keeps going

 Darren Atkins, chief technology officer and the artificial intelligence team working in IT were shortlisted in this year's national Parliamentary Awards.



We will be hearing from Darren a little later this afternoon and meeting some of the robots...



#### Stand out moments

#### Launch of LGBT+ Network

Adam Cronin, Chair of the new ESNEFT LGBT+ Network represents the interests of LGBT+ staff (and patients) at ESNEFT is going to talk to us about setting up the network.





#### Stand out moments

#### **Becoming one charity**

The two individual charities – Colchester Hospital Charity (CoHoc) and The Ipswich Hospital NHS Trust Charity – became one.

The team are here and can tell you more about our new Colchester Hospital cancer wellbeing centre development.







## Recognising excellence

# Nominate a colleague for a commendation

Visit the ESNEFT website and type 'commendation' into the search

- Anyone can nominate a colleague for an ESNEFT commendation.
- Here are a selection from the past couple of months:

### Recognising excellence

**Dr Abdul Abbas** is a consultant at Colchester Hospital. On Wednesday mornings he gives up his own time to teach lifesaving training to team members. A small room at the back of the department is turned into a classroom where the most vital skills are shared.





Jo Sheppard is a renal dietitian based in Colchester.

After injuring her leg during her journey to the Renal Unit for treatment, a woman needed to take a trip to the Emergency Department. Not only did Jo take her there herself, she stayed with her until 1.30am.



#### **ESNEFT Commendations**

IT developer **Isobel George** is saving time and hassle for thousands of hospital colleagues. She is a technology whizz in our robotics team and uses artificial intelligence (AI) and virtual robots.





**Claire and Tracy** are district nursing sisters in the East Suffolk Community Services team, which cares for people at home.

We have thanked them by presenting them with ESNEFT Commendation awards for the 'over and above' care they gave to a patient as he peacefully died at home.

# Thank you











