



Chair's report

Helen Taylor, Chair of the Trust Board



Who we are



Halstead
Community
Hospital



Colchester
General
Hospital



Ipswich
Hospital



Bluebird
Lodge



Felixstowe
Community
Hospital



Harwich
Community
Hospital



Clacton
Community
Hospital

Aldeburgh
Community
Hospital



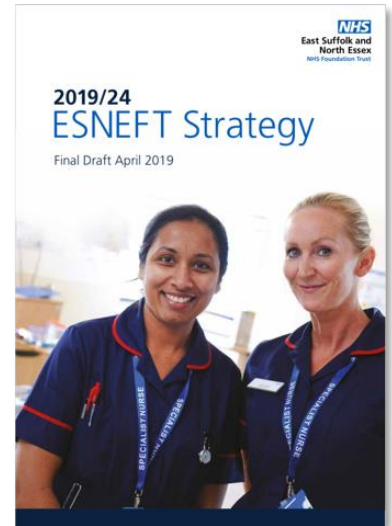
Our strategy

Our ambition

to offer the best care and experience

Our five strategic objectives

1. Keep people in control of their health
2. Lead the integration of care
3. Develop our centres of excellence
4. Support and develop our staff
5. Drive technology enabled care



TIME MATTERS



What did we achieve 2019/20?



Investing in our people

£500k invested to create a [staff wellbeing hub](#)

- Psychological support
- Fast track appointments for immediate help, financial support
- Menopause clinics



Mental health first aiders

First NHS Trust to form a partnership with Mental Health First Aid England

125 qualified mental health first aiders trained

Our ambition is to have **1,000 qualified mental health first aiders** by 2023.

Funding in place to train more.



Looking after our people

Our **People Plan** sets out our ambition to be a great place for NHS staff to train, to grow and to stay



Creating stronger communities

Developing **staff networks** or

- LGBT+ and friends
- EMBRace (equality moving beyond race) for black and minority ethnic staff
- ESNAble (for staff with a disability or caring role)



Changing the way we care

At Colchester Hospital

- A **Cancer Wellbeing Centre** is now up and running thanks to fundraising support from our local community.
- We have built and opened an **urgent treatment centre and a new main entrance**
- Work began to build a £7 million **interventional radiology and cardiac angiography (IRCA)** unit at Colchester Hospital.
- We are also developing a new **aseptic unit** to make medical treatments including chemotherapy drugs at Colchester Hospital.



Changing the way we care

At Ipswich Hospital

- **A new acute same day assessment unit (AMSDEC)** will be in place by the end of this December
- Reorganising our ward space to place specialties work together
- **Major development programme planned including new children's unit and breast centre –** more to come from Nick on this.





Thank
you!
from
ESNEFT

NHS

East Suffolk and
North Essex
NHS Foundation Trust