

Trust Board

Thursday, 07 July 2022

Report Title:	Inequalities Programme - Update
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Report author(s):	Sally Barber, Head of the Medical Portfolio
Previously considered by:	CRG, Clinical Effectiveness Group & Quality Patient Safety Committee

Approval
 Discussion
 Information
 Assurance

Executive summary

Introduction:

The Trust's focus on inequality in health outcomes is now coming to life in a number of areas and an Inequalities Work Plan has been developed to give this structure. This has been broken down into two key areas of focus: Risk Factor Management including obesity and smoking and the nationally recognised CORE20Plus 5 approach (most deprived 20% of the population, core ICS groups with poorer health outcomes, plus 5 clinical areas of health inequalities) with a focus on ensuring access to care and treatment is equitable for all our patients and communities.

Health behaviours and risk factors

- **Tobacco Treatment:** Funding has now been secured for two years and initial roll out will commence in our respiratory wards and EAUs in July.
- **Healthy Eating Adults:** A refresh and refocus for this initiative is underway with the Deputy Chief Nurses now leading this work.
- **Healthy Eating QI Project, Children & Young People:** The "Nourish" pilot in CO15 has now concluded and evaluation has shown that an improvement has been seen in a number of areas to include; activity levels, waist circumference and importantly self-esteem. Options to expand the programme and funding are being explored.
- **Making Every Contact Count:** Further roll out has taken place in 50 clinics and feedback so far extremely positive. Funding has now ended for the MECC project lead. Further funding streams are being explored.
- Free MECC training continues to be delivered across the Trust.

Identification and prioritisation of population groups with poorer outcomes

- People referred in on Cancer pathways
BI analysis on referral rates, diagnoses and survival rates. Work programme being developed across Cancer Board, Inequalities group and partner organisations to explore and understand the barriers to access for care with Lung and Breast cancer the initial areas of focus.
- Do Not Attend Rates
Working with GPs in Tendring to better understand barriers to not attending hospital for patients in our more deprived areas. Work programme to be extended for Ipswich and East Suffolk
- Ongoing development of the Clacton Diagnostic hub

Programme: An ESNEFT Inequalities Strategy has been developed and key stakeholders/partners are feeding into this collaborative document.

Next Steps:

- Finalising of ESNEFT Strategy
- Secure funding to expand Nourish pilot in Colchester and also IES.
- Commence Tobacco Treatment pilot and gather initial data
- Analysis of Lung Cancer diagnosis in our most deprived areas

- Review of patients with Learning disabilities awaiting surgery – incorporating learning from elective prioritisation programme with view to extending to outpatient and diagnostic services

Action Required of Quality Patient Safety Committee

To update Trust Board on the progress of the Inequalities Programme.

Link to Strategic Objectives (SO)		Please tick
SO1	Improve quality and patient outcomes	<input checked="" type="checkbox"/>
SO2	Provide better value for money	<input checked="" type="checkbox"/>
SO3	Sustain and improve access to services that meet the needs of the population	<input checked="" type="checkbox"/>
SO4	Deliver a sustainable, skilled workforce	<input checked="" type="checkbox"/>

Risk Implications for the Trust <i>(including any clinical and financial consequences)</i>	Choose a building block.
Trust Risk Appetite	Quality: The board is cautious when it comes to quality and places the principle of "no harm" at the heart of the decision. It is prepared to accept some risk if the benefits are justifiable and the potential for mitigation is strong
Legal and regulatory implications <i>(including links to CQC outcomes, Monitor, inspections, audits, etc)</i>	Non- compliance with National planning guidance and regulatory bodies will have a negative reputational and quality impact
Financial Implications	Failure to address inequalities will lead to increased use of resources both clinical and financial
Equality and Diversity	Key to this programme is addressing inequity in care and clinical outcomes for patients, staff and vulnerable groups.